

# Lunch Menu

## Syosset Elementary School

March  
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

### Monday

### Tuesday

### Wednesday

### Thursday


### Friday


3 Cinnamon French Toast  
*slices of French toast baked to perfection*   
With Syrup  
\*\* And Sausage Patty  
Crispy Potato Puffs  
Roasted Lemon  
Parmesan Broccoli  
Sliced Oranges

4 Baked Chicken Tenders  
Whole Wheat Dinner Roll  
Sweet Potato Fries  
Celery  
Fresh Pear

5 \* Nachos Grande  
*tortilla chips topped with freshly prepared mexi style meat and cheese*  
Black Beans  
Salsa  
Baby Carrots  
Fresh Banana

6 Homemade Mac & Cheese  
*pasta in cheese sauce, garnished with parsley*   
  
Side Garden Salad  
Celery  
Sliced Oranges


7 Cheese Pizza   
\*\*\*\* Pepperoni Pizza   
Mixed Kale Side Salad  
Carrot Sticks  
With Ranch Dressing  
Apple Slices

10 Mozzarella Sticks  
*crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce*   
Tomato Sauce  
Crispy Potato Puffs  
Celery  
Sliced Oranges

11 Crispy Chicken Drumstick  
With Whole Wheat Dinner Roll  
Sweet Potato Fries  
Steamed Broccoli  
Fresh Pear

12 Chicken Lo Mein Or Vegetable Tofu Lo Mein  
Confetti Garbanzo Bean Salad  
Baby Carrots  
Fresh Banana

13 Homemade Pasta & \*\* Meatballs  
*freshly baked meatballs with tomato sauce over pasta*   
  
Green Beans  
Carrot Sticks  
Sliced Oranges



14 Cheese Pizza   
\*\*\*\* Pepperoni Pizza   
Sautéed Zucchini  
Caesar Salad  
Apple Slices


17 Homemade Mac & Cheese   
Crispy Potato Puffs  
Roasted Lemon  
Parmesan Broccoli  
Sliced Oranges

18 Crispy Chicken Sandwich  
*warm crispy breaded chicken on a bun prepared in-house*  
Sweet Potato Fries  
Celery  
Fresh Pear

19 \* Nachos Grande  
Salsa  
Fiesta Corn  
Confetti Kidney Bean Salad  
Baby Carrots  
Fresh Banana

20 Whole Grain Pancakes  
\*\* with Sausage  
And Syrup  
Hash Brown Potatoes  
Baby Carrots  
Sliced Oranges

21 Cheese Pizza   
\*\*\*\* Pepperoni Pizza   
Spinach Salad  
Cucumber Coins  
Apple Slices

24 Pizza Crunchers  
*bite size pizza pockets*   
Marinara Sauce  
Crispy Potato Puffs  
Roasted Lemon  
Parmesan Broccoli  
Sliced Oranges

25 Baked Chicken Tenders  
With Orange Sauce  
And Whole Wheat Dinner Roll  
Roasted Butternut Squash  
Celery  
Fresh Pear  
Sweet Potato Fries

26 Cinnamon French Toast   
With Syrup  
\*\* And Sausage Patty  
Hash Brown Potatoes  
Baby Carrots  
Fresh Banana

27 Meatball Dunkers   
\*\* With Dinner Rolls  
Side Garden Salad  
Confetti Garbanzo Bean Salad  
Sliced Oranges

28 Cheese Pizza   
\*\*\*\* Pepperoni Pizza   
Sautéed Kale  
Baby Carrots  
Apple Slices

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SCHOOL  
CLOSED  
TODAY

*NYSED is allowing school districts to serve non-congregate meals to students fasting during Ramadan. This enables students to purchase or receive breakfast and lunch meals to consume after daylight hours. Please email [foodservice@syossetschools.org](mailto:foodservice@syossetschools.org) if you are interested in participating in this program.*



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

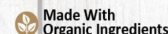
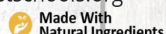
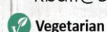


\* Turkey, \*\* Chicken, \*\*\* Beef, \*\*\*\* Beef/Pork

#### MEAL PRICE:

Paid Student: \$3.15  
Free/Reduced: \$0.00  
Adult \$5.05+tax  
Milk: Student-\$0.75  
Adult \$0.75+Tax  
General Manager  
Karen Ball

[kball@syossetschools.org](mailto:kball@syossetschools.org)



Daily Lunch Offerings: Garden Salad or Chicken Caesar Salad w/a grain. Turkey or Ham sandwich w/without cheese, or Sunflower Seed Butter w/Jelly Sandwich, Cheese Sandwich or Bagel Meal (bagel, yogurt, cheese stick and/or egg) **Vegetarian options available Daily: Nuggets and Burgers. Daily Fruit & Vegetable options:** Asst. 100% juice, apples, oranges, pears, bananas; baby carrots, celery, side salad. **All meals served with:** 1% white, fat free white, FF chocolate milk (all antibiotic and hormone free) \*Gluten free options available. Contact manager for more information. \*